

April 23-29, 2010

Shoney's 5K Family Fun Run

The 2nd Annual Shoney's 5K Family Fun Run & Festival is set for June 5 at Lot A of LP Field. The event is open to the public, and 100 percent of the proceeds will benefit the Metro Nashville Police Department Support Fund.

Registration will begin at 7 a.m., and the Kids Fun Run will kick off at 7:45 a.m. The 5K run will get started at 8 a.m. Prizes for the 5K run's top three finishers in the male and female categories are: \$500 each for 1st place; \$250 each for 2nd place; and \$100 each for 3rd place. All children participating in the Kids Fun Run will receive badges. Participants will be provided complimentary beverages and fruit at the finish line.

The festival will begin immediately after the run. More than 60 random drawings will be held for \$25 Shoney's gift certificates, and refreshments will be available for purchase throughout the event. The Kid's Zone will include free activities such as face painting, giant inflatables, games, a healthy eating and activity table staffed by Vanderbilt Medical Center, an appearance by Shoney Bear®, and tours of a police cruiser, police helicopter and police boat. Balloon artists, the Nashville Police S.W.A.T. Team, the Nashville Police Bomb Team and their bomb robot will also be on hand.

Race partners include the Metro Nashville Police Department, Vanderbilt Medical Center, and Coca Cola. Register online at www.shoneys.com or www.active.com.