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FIT IN A WORKOUT, ANYTIME

Having a hard time fitting in a workout? If you're like most women struggling to balance family, work and friends, your hours for fitness may not be during regular business hours, which is why a hot new gym may be just what you need. **Workout Anytime** offers members the opportunity to work out when their schedule permits, whether that is 4 p.m. or 4 a.m. The 24/7 gym offers cardio equipment, free weights, treadmill machines, tanning, personal training and more. Located in Atlanta, Alpharetta, Acworth, Dallas, Dunwoody, Smyrna, Marietta, Cumming and Kennesaw, the gym is offering special rates for those who sign up in August - \$20 per month for individual memberships or \$29 per couple. Visit www.workoutanytime.com for more information.

— Meg Donahue

MADE IN GEORGIA

Industrial design has an impact on our community and lives, and the **Museum of Design Atlanta**, a Smithsonian Institution affiliate, is currently exhibiting a "Made in GA" look at those product designs that have had an impact not only on our communities, but the world. Featuring examples of product development at various stages in the design processes, including concept sketches, renderings, study models, prototypes, digital models and marketable products, local designs and businesses like The Coca-Cola Company, Goody and Benedetto Guitars will get the spotlight. Student work from the Savannah of Art and Design and the Georgia Institute of Technology will be displayed, as well. The exhibit runs through Oct. 18 and is free. For more information, visit www.museumofdesign.org.



PHOTOS COURTESY OF MUSEUM OF DESIGN ATLANTA

AND THE WINNER IS...

Mark Arnold of Sugar Hill won a trip for two to the **Intercontinental Tampa**, where he received a three-day, two night stay and dinner at Shula's Steak House. The 323-room Intercontinental is located in the heart of Tampa, blending a sophisticated urban ambiance with authentic local charm. For more information, visit www.intercontampa.com.